



WEEKLY BULLETIN



THINK CRITICALLY-ACT ETHICALLY-SERVE OTHERS
MARCH 15TH, 2026 | NO.28

GENERAL DIRECTOR - NASH ADAMSON

Congratulations to our students on a smashing success with Frozen Jr.! This production was a wonderful learning and community building experience for our school. We are proud of the dedication and talent shown by our actors and backstage crew, who worked hard to bring the story to life on stage. Our sincere congratulations to Ms. Kasey, Ms. Lexie, Ms. Gina, and Ms. Maria for their outstanding leadership, and to the administrative team for their constant support. A special thank you goes to all the parents who went the extra mile with costumes and late night pickups. It was all worth it when we saw our students shine on the Frozen stage!



MONTHLY CALENDAR AND UPCOMING EVENTS

MARCH 2026

6-7 AIS Play 13 End of Q1 14 Sports Day 14-20 AIS/Ryan Master Exchange Bryn Mawr Students at AIS 16-20 High School Discovery Week / Senior Seminars 19 ECP Splash Day 20 Down Syndrome Day Assembly MARCH 23-APR 3 Spring break

MARCH 2026						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

For monthly calendars please see [HERE](#)

For an overview of events planned for the 2025-26 school year please see [HERE](#)

Please find the March cafeteria menu [HERE](#)

Please find the 2026-27 overview events calendar [HERE](#)

If you would like to add the AIS Events Calendar to your personal calendar, please see [HERE](#)

GENERAL UPCOMING EVENTS

MARCH 17-20: High School Impact Week

MARCH 20TH: Down Syndrome Awareness Day Assembly

APRIL 25TH: Earth Day Festival

MAY 14TH-15TH: High School Drama Event at Santo Domingo

MAY 22ND: Graduation - Half Day for Students



SPORTS ACTIVITIES



MONDAY, MARCH 16TH | 3:00 - 4:00 PM

Sport: Artistic Gymnastics

Category & Branch: Boys and Girls (Ages 6-7)

Activity: Strength and Muscular Flexibility
Development in gymnastic exercises

SPORT: CROSSFIT "HYBRID MARCH CHALLENGE"

Category & Branch: Boys and Girls (Ages 14-17)

TUESDAY, MARCH 17TH | 3:00 - 4:00 PM

Sport: Artistic Gymnastics

Category & Branch: Boys and Girls (Ages 8-9)

Activity: Strength and Muscular Flexibility
Development in gymnastic exercises



WEDNESDAY, MARCH 18TH | 2:00 - 3:00 PM

SPORT: BASKETBALL

Category & Branch: U14 3x3 – Matchday 2

Sport: Artistic Gymnastics

Category & Branch: Boys and Girls (Ages 6-7)

Activity: Strength and Muscular Flexibility

Development in gymnastic exercises

WEDNESDAY, MARCH 18TH | 3:00 - 4:00 PM

SPORT: BASKETBALL

Category & Branch: U17 Mixed

Guest Team: El Patojismo

SPORT: ARTISTIC GYMNASTICS

Category & Branch: Boys and Girls (Ages 8-9)

Activity: Strength and Muscular Flexibility

Development in gymnastic exercises



THURSDAY, MARCH 19TH | 4:00 - 6:00 PM

SPORT: OUTDOOR EXPLORERS

Grades: 1, 2, 3, and 4

Bonfire Activity: "Scientists by the Bonfire"

ADMINISTRATIVE DIRECTOR - MONICA DE DIOS

RE-ENROLLMENT PROCESS 2026-27

We are beginning the re-enrollment process for the 2026–27 school year. Completing this process on time helps us plan staffing, programs, budgets, and learning spaces.

Step 1: Please complete [THIS FORM](#) to confirm whether your child(ren) will return or withdraw.

One form per family

Must be completed using your institutional email

Step 2: Families planning to re-enroll will receive an individualized statement and may choose one of the following payment options:

3 payments due by March 15, April 15, and May 15, or

1 full payment due by May 15

Deadline: May 15. After this date, enrollment will open to external applicants, and AIS cannot guarantee placement.

If you plan to withdraw, please contact Fátima Guerra at registrar@antiguais.org to receive the Official Withdrawal Form.

Thank you for your support and timely response.



SECONDARY SCHOOL - LAUREN STREIFER AND MICHELLE ACKER PEREZ

In 8th grade English, students are putting our three pillars into action through an empathy campaign designed to raise awareness and support for groups that often experience marginalization, including people with disabilities, immigrants, individuals facing housing insecurity, minorities, and women. This work connects directly to the Grade 8 Service Learning focus on fostering equity and justice. Students are researching issues, developing advocacy messages, and even organizing a field trip to a local organization that supports housing and education. The project highlights how classroom learning can inspire meaningful engagement with the community. Special thanks to Laura Amlin for facilitating this experience and to our 8th grade students for their thoughtful work and commitment.



PRIMARY SCHOOL - NATALIA ZMACZYNSKA AND SADIE RHINESMITH

GARDEN TO TABLE

This week, 4th graders continued their garden project by harvesting arugula and bringing it to the Makerspace. With guidance from one of our cafeteria professionals, students prepared a delicious salad and wraps using vegetables from the garden, along with some generous contributions from families. It was a wonderful way to apply real-world skills and see how their hard work in the garden, made possible with the collaboration of our amazing maintenance staff, can reap truly delicious rewards!

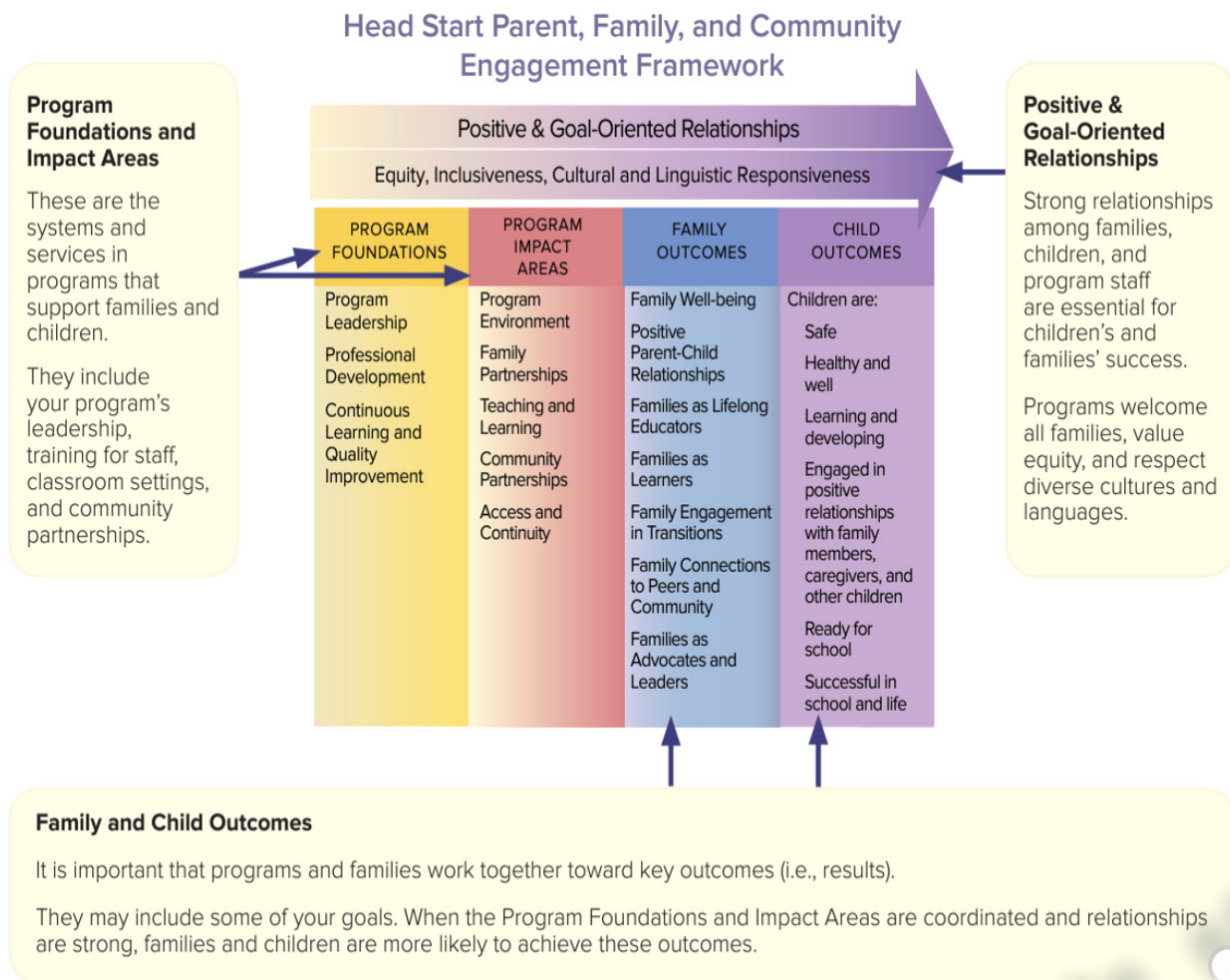


EARLY CHILDHOOD PROGRAM - LUIS CARRILLO

School readiness is foundational across early childhood systems and programs. It means children are ready for school, families are ready to support their children's learning, and schools are ready for children. Head Start and the Early Childhood Program at AIS view school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. (Early Childhood Learning & Knowledge Center, 2022)

The essential ingredients of school readiness are

- Physical, cognitive, social, and emotional development.
- Parents' support and involvement during in-school and at-home activities.
- Children possessing the skills, behavior, and knowledge necessary for success in school and for later learning.
- Reaching three equally important goals:
 - Age for the upcoming grade.
 - Academic readiness.
 - Social-emotional readiness.
- Regular attendance and on-time arrival (90% or more).



SERVICE LEARNING - MICHELLE ACKER PEREZ AND SADIE RHINESMITH

ECO BRICK PREPARATION

Are you interested in making your "trash" into something incredible? We need your help building a school! For one of the impact week's project, students will collaborate with Hug it Forward, to use food wrappers and 600mL bottles to make Ecobricks! These ecobricks will be used to build a school in rural communities, giving a chance at education to everyone! Send in your materials to help the efforts!

A poster for the "Trash to Treasure Challenge" with a green and brown color scheme. It features recycling symbols and a hand holding a trash bag. The text includes the challenge name, rules, a deadline, and a list of accepted materials.

TRASH TO TREASURE CHALLENGE

- This is a competition between all grades (Kinder–12th).
- Each building will have collection boxes labeled with the grade number.
- Students must place their items in the box that matches their grade.

UNTIL MARCH 13

 **600 ML PLASTIC BOTTLES**

 **WRAPPERS AND PLASTIC BAGS**

EVERY BOTTLE AND WRAPPER COUNTS!

CONNECTION AND INCLUSION

Recently second graders invited our friends from Eden por Salud back to the classroom to discuss and make creative plans to promote inclusion. It was a fun afternoon and we look forward to the next visit!



ATHLETICS AND EXTRACURRICULAR ACTIVITIES - MARIA ELENA VALENCIA

!!!!AIS ATHLETIC PRIDE AND EXCELLENCE!!!!

It is an honor for us to take a moment to recognize and celebrate the extraordinary sportsmanship our athletes have recently displayed.

First and foremost, we would like to extend our warmest congratulations to the delegation of athletes who represented our school at the Colegio Suizo Americano Sports Day this past Saturday, March 7th. Their dedication and discipline resulted in excellent achievements but, above all, in an exemplary representation of our institutional values in every competition. Thank you for making our school proud!

In addition, we want to express our deepest gratitude to every athlete, teacher, and family who visited us to breathe life into our 11th. AIS Sports Day 2026. Your presence and enthusiasm not only enhanced this event but turned it into a true community celebration.

It fills us with joy to see how, year after year, more people join this vision, allowing us to identify and nurture the athletic talent within our school program. This growth reflects our collective effort to make sports a tool for life.

Congratulations to each of our athletes. Your talent is our greatest inspiration, and we look forward to welcoming you with open arms at our next edition.



HEALTH AND WELLNESS - NURSE CAROLINA

WORLD KIDNEY DAY

World Kidney Day is celebrated every second Thursday of March each year.

There are many things you can do to prevent kidney problems and take care of your kidneys:
Keep your blood pressure below 140/90, or ask your doctor what the best values are for you.

- Keep your cholesterol within the recommended range.
- Eat foods that are low in salt.
- Eat more fruits and vegetables.
- Stay active.
- Take medications as directed. Do not self-medicate.
- If you have diabetes, keep your blood sugar within the recommended range as much as possible.

At AIS we take care of our kidneys!!



GREEN COMMITTEE



SAVE THE DATE: EARTH DAY CELEBRATION!

Mark your calendars for April 25th as we celebrate Earth Day together as a community!

We're planning a fun morning filled with eco-friendly vendors, activities for families, a clothes swap, a book swap, and a brand new Community Garage Sale. It's the perfect chance to recycle, reuse, discover treasures, and spend time together while caring for our planet.

More information coming soon — stay tuned!