

WEEKLY BULLETIN



THINK CRITICALLY-ACT ETHICALLY-SERVE OTHERS
MAY 10TH, 2026 | **NO.34**

GENERAL DIRECTOR - NASH ADAMSON

Please join us in cheering on the Class of 2026 as they count down to their final days at AIS and prepare to cross the amphitheater graduation stage on May 22nd. We know they are poised to live lives of purpose.

One thing I share with each graduating class is that we look forward to welcoming them back to campus someday, but not before they have gone out into the world and done extraordinary things. The Class of 2026 is set to do just that.

This remarkable group of students has received university offers from institutions in nine countries: the United States, Canada, the United Kingdom, Ireland, the Netherlands, Germany, Spain, Mexico, and Guatemala. Their intended fields of study are equally diverse, including biomedical engineering, economics, architecture, culinary arts, criminology, and, nearest and dearest to this history teacher's heart, ancient history.

The Class of 2026 has thus far secured more than \$1.2 million USD in scholarships over four years. These are exceptional opportunities, and we know this class will make the very most of them.



MONTHLY CALENDAR AND UPCOMING EVENTS

GENERAL UPCOMING EVENTS

MAY 14TH: Last Day of After School Activities

MAY 14TH-15TH: High School Drama Event at Santo Domingo

MAY 17TH: Family Baseball Day at 11:00am

MAY 17TH: PTO Trivia Night at Caoba

MAY 22ND: Graduation - Half Day for Students

For monthly calendars please see [HERE](#)

For an overview of events planned for the 2025-26 school year please see [HERE](#)

Please find the May cafeteria menu [HERE](#)

Please find the 2026-27 overview events calendar [HERE](#)

If you would like to add the AIS Events Calendar to your personal calendar, please see [HERE](#)

MAY 2026

1 Labor day 5-6 K Knowledge Fair (Regular school day for ECP students) 14 Last day of After School, 2nd Semester 15 Last day for seniors 22 Graduation day / Half Day 25-27 Finals Week 28-29 5th grade end of Primary experiences 25-27 ECP End of the year celebrations 28 Kinder moving-up ceremony 29 Last day of classes, moving-up ceremonies for 5th and 8th graders/ half day for students

 MAY 2026						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



SPORTS ACTIVITIES

SPORTS ACTIVITIES: MAY 11 - 15

MONDAY, MAY 11 3:00

PM - 4:00 PM

SPORT: OUTDOOR EXPLORERS

Category & Branch: Girls and Boys
Activity: Celebrating Success

TUESDAY, MAY 12 3:00

PM - 4:00 PM

SPORT: ROLLER SKATING

Category & Branch: Boys and Girls
(Ages 6 - 12)

Activity: Initiation on wheels
/ New talents

SPORT: VOLLEYBALL

Category & Branch: U18 Girls
Visiting Team: Colegio Lourdes (3:00 PM)

WEDNESDAY, MAY 13 2:00 PM

- 3:00 PM

SPORT: BASKETBALL

Category & Branch: U14 3x3 Finals

SPORT: SOCCER (U8)

Category & Branch: Girls

Visiting Team: Colegio San Jerónimo Emiliani, San Lucas

SPORT: SOCCER (U10)

Category & Branch: Boys

Visiting Team: Academia Pro Fútbol

SPORT: CHESS

Category & Branch: U8, U10, U12
(Co-ed)

Activity: Openings

SPORTS ACTIVITIES: MAY 11 - 15

WEDNESDAY, MAY 13 3:00

PM - 4:00 PM

SPORT: BASKETBALL

Category & Branch: U18 3x3 Finals

Match Type: Internal

SPORT: CROSSFIT

Category & Branch: Girls and Boys (Ages 14 and 17)

Activity: "Endurance Games"

SPORT: SOCCER (U8)

Category & Branch: Boys

Visiting Team: Colegio San Jerónimo Emiliani, San Lucas

SPORT: SOCCER (U12)

Category & Branch: Boys

Visiting Team: Colegio San Jerónimo Emiliani, San Lucas

SPORT: SOCCER (U15)

Category & Branch: Girls

Visiting Team: Colegio San Geronimo Emiliani, San Lucas

SPORT: CHESS

Category & Branch: U8, U10, U12, U14, U16
(Co-ed)

Activity: Openings

SPORT: VOLLEYBALL

Category & Branch: U18 Boys

Visiting Team: El Patojismo (Match Day 8, Sacatepéquez School Volleyball League)

SPORTS ACTIVITIES: MAY 11 - 15

THURSDAY, MAY 14 3:00

PM - 4:00 PM

SPORT: CHESS

Category & Branch: U12, U14, U16
(Co-ed)

Activity: The Exchange

SPORT: VOLLEYBALL

Category & Branch: U18 Boys

Visiting Team: Antigua Montessori School
(Match Day 9, School Volleyball League)



ADMINISTRATIVE DIRECTOR - MONICA DE DIOS

RE-ENROLLMENT PAYMENT

Thank you to the families who have already paid the re-enrolment fee. We truly appreciate your commitment to AIS.

This is a friendly reminder that the final payment deadline is May 15. After this date, any unconfirmed spots will be offered to new students.

We encourage you to secure your child's place by completing the payment on time. Thank you for your continued commitment to our school community.

SECONDARY SCHOOL - LAUREN STREIFER AND MICHELLE ACKER PEREZ

Students are hard at work designing demonstrations and experiments in preparation for our upcoming Science Fair on Monday, May 18th. It has been exciting to see them apply what they have learned in science class to their own projects, asking thoughtful questions, testing ideas, and problem-solving along the way. Critical thinking in action! Families are warmly invited to attend and celebrate our young scientists as they share their hard work and discoveries. We can't wait to see what they've created.



PRIMARY SCHOOL - NATALIA ZMACZYNSKA AND SADIE RHINESMITH

At AIS our academics are just limited to reading, writing and math - it also includes the arts and sports as essential parts of a well-rounded education, providing opportunities for students to be creative and strengthen their bodies and minds. This year, Ms. Gina has guided and facilitated numerous projects with all grades, providing content and skill development for students to explore elements such as colors, symmetry, rhythm and their own creative direction. Ms Maria Elena, Mr. Wuilmer and Ms. Rosa have also nurtured all primary students through physical activity and a variety opportunities to work collaboratively through game, physical challenges, and exercises to strengthen the mind and body.



EARLY CHILDHOOD PROGRAM - LUIS CARRILLO



DEAR ECP FAMILIES,

Remember that there will be no Early Childhood classes on Friday, May 15, as our teaching team participates in the **TEACHING STRATEGIES EARLY CHILDHOOD LATIN AMERICA SUMMIT**, co-hosted by AIS. We are excited about this valuable professional development opportunity, which will strengthen our entire team and continue to enrich the learning experiences we provide for our students.

Classes will resume on Monday, May 18.

SERVICE LEARNING - MICHELLE ACKER PEREZ AND SADIE RHINESMITH

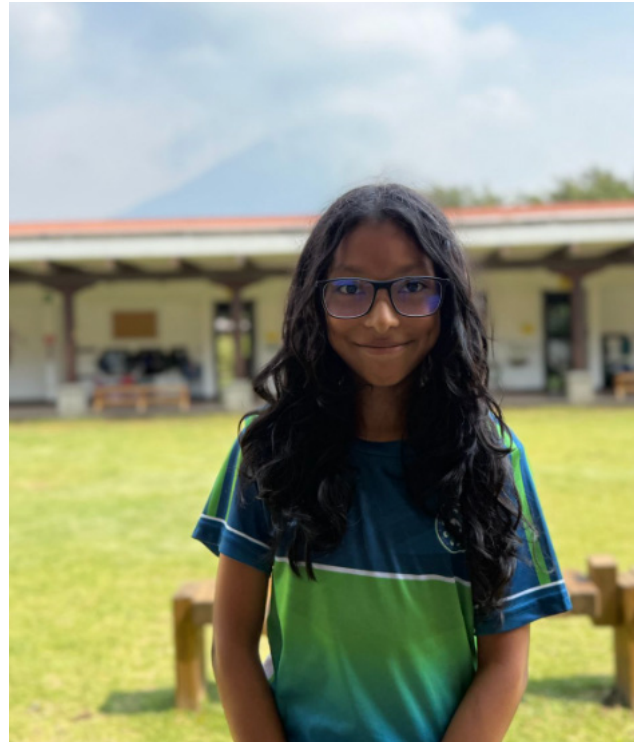
As we close out the year, we celebrate the many ways AIS students have embraced the pillar of serving others, practiced skills and explored concepts within the Service Learning Framework. Through service learning experiences, students stepped beyond the classroom to apply new skills and knowledge in meaningful, real-world ways, making a tangible impact in our local community. Here are two reflections from 5th grade students, who focused on being leaders this year:

Antonio Farfan, 5th grade

"My favorite part of being a leader in service learning was going to FUNCOLI because all the kids were happy to see us and we also did so many activities like puzzles and drawing...this helped me to see what I can do as service to other people or friends. I learned to be not just kind with friends. I need to be kind with other people around us too."

Fatima Cruz, 5th grade

"In service learning I experienced being a leader and teaching little kids important lessons that will help them when they grow up. We also got to design a lot of things for our school such as new playgrounds, games, and new house points. All of that was very fun and I am really proud!"



SERVICE LEARNING AT AIS

Learners participate in **COMMUNITY ENGAGEMENT**, promote **AWARENESS**, practice **GENEROSITY** and show **APPRECIATION**.



GRADE	LEARNING FOCUS	I CAN:
CUBS AND EXPLORERS	TAKING CARE OF OURSELVES	Understand and communicate my own needs to others
PK	TAKING CARE OF EACH OTHER	Understand how to take care of our community and help it grow.
K	APPRECIATING OUR COMMUNITY HELPERS	Acknowledge and appreciate what others do for our community.
1	BUILDING RELATIONSHIPS	Make connections and help others through common interest activities.
2	CREATING INCLUSION	Explore ways to work together and understand what others need.
3	EQUITY AND FAIRNESS	Recognize what generosity is and that it means something different for different people.
4	CULTIVATING ENVIRONMENTAL AWARENESS	Explore how humans interact with their natural environment and what sustainability is.
5	DEVELOPING LEADERS	Engage in different leadership opportunities to make an impact in my community.
6	BECOMING ADVOCATES	Advocate for changes to improve problems that I see
7	BELONGING AND INCLUSION	Be an upstander and create a community of inclusion.
8	FOSTERING EQUITY AND JUSTICE	Engage in thoughtful conversations about issues of justice and amplify the voices of marginalized people.

HIGH SCHOOL

CELEBRATING CULTURAL DIVERSITY
PROMOTING ENVIRONMENTAL SUSTAINABILITY
ADVOCATING FOR ACCESSIBLE EDUCATION
LEADING SOCIAL MOVEMENTS FOR CHANGE

STUDENT DRIVEN PROJECTS

50 INDIVIDUAL SERVICE HOURS PER YEAR.
COMMUNITY ENGAGEMENT WITH LOCAL
NON-PROFIT ORGANIZATIONS.
SENIOR CLASS SERVICE PROJECT.

THINK CRITICALLY - ACT ETHICALLY - SERVE OTHERS



ATHLETICS AND EXTRACURRICULAR ACTIVITIES - MARIA ELENA VALENCIA

We are deeply grateful to our entire community for being part of this wonderful experience. It has been a vibrant journey where sports, art, and meaningful connection filled every corner with creativity and movement throughout this school year.

This success is the result of our talented students' dedication, the unconditional support of our parents, and the impeccable work of the entire team. Whether leading groups or working behind the scenes—teachers, coaches, administrative, and operations staff—everyone made the After School program a shared triumph. We cherish the memories of this year and look forward with enthusiasm to the new challenges and experiences that await us in the coming school year.

Thank you for making it possible, and see you soon!

SACATEPÉQUEZ YOUTH VOLLEYBALL LEAGUE MATCH SCHEDULE

Time: 4:30 PM

FRIDAY, MAY 8

Match: AIS vs. Antigua Green School

Venue: Antigua Green School

WEDNESDAY, MAY 13 3:00 pm.

Match: AIS vs. El Patojismo

Venue: AIS

THURSDAY, MAY 14 3:00 pm.

Match: AIS vs. Antigua Montessori School

Venue: AIS



HEALTH AND WELLNESS - NURSE CAROLINA

CLEAN HANDS!

On May 5th, World Hand Hygiene Day was observed, a date that reminds us of the importance of this simple yet essential habit to protect our health.

Proper handwashing can keep you healthy and help prevent the spread of respiratory infections and diarrheal diseases, especially in settings such as the home and the school community.

KEY MOMENTS FOR HANDWASHING:

- Before, during, and after preparing food.
- Before and after eating.
- Before and after caring for someone at home who is sick with vomiting or diarrhea.
- Before and after treating a cut or wound.
- After using the restroom.
- After changing diapers or cleaning a child who has used the toilet.
- After blowing your nose, coughing, or sneezing.
- After touching an animal, animal feed, or animal waste.
- After handling pet food



SUPPORT PROGRAM - MS. ELI VELÁSQUEZ

Honoring Mother's Day, we wanted to share an article written by the The Gottman Institute. If you already have plans to celebrate mom today, don't miss this article—you might be overlooking one important part. This message also goes out to aunts, grandmothers, and other important people who play a meaningful role in children's and adolescents' well-being.

5 WAYS TO TRULY CELEBRATE MOM

Let's be honest—celebrating Mom on Mother's Day can feel like a bit of a performance. The flowers, the cards, the brunch reservations... they're all nice gestures, but sometimes they miss the heart of what many mothers actually need most: to be seen.

Motherhood is a full-contact, full-time, emotionally demanding job—and most of the labor is invisible. It's keeping track of a thousand moving parts. Well-meaning people offer to help, but they can't always step in because each task is an integral part of a complex machine. One thing can't just be assigned away because it requires understanding how the entire system works and interacts.

The emotional and cognitive labor is unmeasurable and doesn't go away when the kids grow up. Mothers believe in their kids even when they don't believe in themselves. They worry – about drunk drivers, broken hearts, and missed chances. They celebrate every success and commiserate with every loss. They anticipate what the kids need so quickly and efficiently that no one even knows it happens. It's constant

And it's all invisible. Behind the scenes, they are planning and organizing and pre-empting conflicts and disappointment. And then on top of all this mental labor are the concrete tasks that are being completed. It might look easy from the outside, but that's just through perseverance and willpower. It's hard work that needs to be done.

So this Mother's Day, if you really want to make an impact—if you really want to show how deeply you appreciate everything she does—go beyond the surface to truly celebrate mom. See her. Acknowledge the emotional labor, the invisible tasks, the energy she pours into everyone's well-being.

1. SAY THE QUIET THINGS OUT LOUD.

You might think she wouldn't want to make a big deal out of this "Hallmark holiday". But trust me—she probably would love for you to acknowledge everything she does. Not just with a "Happy Mother's Day," but with something deeper. Here are some examples:

"I see how much you carry everyday—emotionally, mentally, logistically. Thank you."

"I know a lot of what you do goes unnoticed. But not today. Today I want you to know that I see it, and I'm grateful."

"I hope you enjoy your day, but even more so I hope I can help you feel celebrated every single day. Our world is better because of you."

2. ACKNOWLEDGE THE EMOTIONAL WEIGHT.

Recognize how she supports the emotional life of the family. Take a look at this list and think about the compassion fatigue that she might be experiencing.

Does she stay upbeat when the kids are down?

Is she the one who listens, reassures, and absorbs everyone's feelings?

Are there fears and anxieties that she is managing for herself and others while still putting one foot in front of the other?

Take the time to think about her specific gifts in this area and then... Say it out loud. Let her know she's not invisible.

3. GIVE HER REAL REST.

Not performative rest, real rest. The kind where she's not still mentally coordinating everything behind the scenes. She might not ask for a break, but that doesn't mean she doesn't need it.

Here are some ways you might be able to help her catch her breath.

Let her know you've got things under control so she can sleep in.

Plan a weekend getaway

Carve out time every week that is just hers – to spend any way she'd like

Let her exhale.

4. OFFER TO SHARE THE BURDEN

Instead of asking "What should we do for Mother's Day?"—ask yourself, What has she been holding that I can take off her plate today? How can I show her I see the whole picture—not just the role, but the human behind it?

Everyone's needs are different. One mom may want a quiet solo day, another may crave family time. Ask her: "What would feel most supportive to you right now?" Then listen—and follow through.

5. CELEBRATE WHO SHE IS—NOT JUST WHAT SHE DOES.

Motherhood can be a thankless job and eclipse a woman's sense of self. Today is the day to thank her for just being. Express gratitude for what you love most about who she is, not what she does.

Consider complimenting her creativity, her humor, her strength, or her dreams.