

# WEEKLY BULLETIN



THINK CRITICALLY-ACT ETHICALLY-SERVE OTHERS

**FEBRUARY 15TH, 2026 | NO.24**

## GENERAL DIRECTOR - NASH ADAMSON

The AIS Wolf Run was a blast! Thank you to all the students, families, and staff who joined in on the fun. We look forward to making this an annual tradition, so start training now. Only 350 days until the next edition, so strap up those running shoes and get ready!



# MONTHLY CALENDAR AND UPCOMING EVENTS

## FEBRUARY 2026

7 WOLF RACE 20 Mid quarter break 26-27 AntiguaMUN (Model United Nations 2026) 24-26 ECP Parent-Teacher Conferences (Regular school day for ECP students)

| FEBRUARY 2026 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| Su            | M  | Tu | W  | Th | F  | Sa |
|               |    |    |    |    |    |    |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
|               |    |    |    |    |    |    |

## GENERAL UPCOMING EVENTS

**FEBRUARY 16TH TO 19TH:** STUCO Spirit Week

**FEBRUARY 16TH TO 19TH:** ECP Parent Teacher conferences

**FEBRUARY 20TH:** Mid Quarter Break (No School)

**FEBRUARY 26TH AND 27TH:** AntiguaMUN

**MARCH 6TH AND 7TH:** AIS Play

For monthly calendars please see [HERE](#)

For an overview of events planned for the 2025-26 school year please see [HERE](#)

Please find the February cafeteria menu [HERE](#)

Please find the 2026-27 overview events calendar [HERE](#)

If you would like to add the AIS Events Calendar to your personal calendar, please see [HERE](#)





## SPORTS ACTIVITIES

**MONDAY, FEBRUARY 16TH**  
**| 3:00 - 4:00 P.M.**

**SPORT: DANCE**  
Branch: Group #1  
Activity: Fifth phase of choreographic staging; reinforcing teamwork for the Sports Day presentation.

**SPORT: ARTISTIC GYMNASTICS**  
Category and Branch: Girls and Boys (Ages 6-7)  
Activity: Mastery and safety phase in the execution of the gymnastic sequence for the Sports Day presentation.

**SPORT: CHESS**  
Category: U-12, 14, 16 Girls and Boys  
Activity: Programming and correct use of the chess clock.



**TUESDAY, FEBRUARY 17TH**  
**| 3:00 - 4:00 P.M.**

**SPORT: CROSSFIT (EMOM)**  
Category and Branch: Girls and Boys  
Activity: EMOM Training.  
Observation: Internal activity.

**SPORT: ARTISTIC GYMNASTICS**  
Category and Branch: Girls and Boys (Ages 8-9)  
Activity: Mastery and safety phase in the execution of the gymnastic sequence for the Sports Day presentation.

**SPORT: DANCE**  
Branch: Group #2  
Activity: Fifth phase of choreographic staging; reinforcing teamwork for the Sports Day presentation.

**SPORT: CHESS**  
Category: U-8 and U-10 Girls and Boys  
Activity: Programming and correct use of the chess clock.



**WEDNESDAY, FEBRUARY 18TH**  
**| 2:00 - 3:00 P.M.**

**SPORT: SOCCER**  
Category and Branch: U-15 and U-18 Coed  
Activity: Internal scrimmage.

**SPORT: DANCE**  
Branch: Group #3  
Activity: Fifth phase of choreographic staging; reinforcing teamwork for the Sports Day presentation.

**SPORT: ARTISTIC GYMNASTICS**  
Category and Branch: Girls and Boys (Ages 6-7)  
Activity: Mastery and safety phase in the execution of the gymnastic sequence for the Sports Day presentation.

**WEDNESDAY, FEBRUARY 18TH**  
**| 3:00 - 4:00 P.M.**

**SPORT: ARTISTIC GYMNASTICS**  
Category and Branch: Girls and Boys (Ages 8-9)  
Activity: Mastery and safety phase in the execution of the gymnastic sequence for the Sports Day presentation.

**SPORT: DANCE**  
Branch: Group #4  
Activity: Fifth phase of choreographic staging; reinforcing teamwork for the Sports Day presentation.

**SPORT: CHESS**  
Category: U-8, U-10, U-12, U-14, and U-16 Girls and Boys  
Activity: Programming and correct use of the chess clock.



**THURSDAY, FEBRUARY 19TH**  
**| 3:00 - 4:00 P.M.**

**SPORT: TRACK AND FIELD**  
Category and Branch: Girls and Boys (Ages 7-10)  
Activity: Sports meeting.  
Visiting School: San Dionisio School.

**SPORT: DANCE**  
Branch: Group #5  
Activity: Fifth phase of choreographic staging; reinforcing teamwork for the Sports Day presentation.

**SPORT: SOCCER**  
Category and Branch: U-10 Boys  
Activity: Finishing drills with obstacles.

**SPORT: CHESS**  
Category: U-10 and U-12 Girls and Boys  
Activity: Programming and correct use of the chess clock.



## ADMINISTRATIVE DIRECTOR - MONICA DE DIOS

### RE-ENROLLMENT PROCESS 2026-27

We are beginning the re-enrollment process for the 2026–27 school year. Completing this process on time helps us plan staffing, programs, budgets, and learning spaces.

Step 1: Please complete **THIS FORM** to confirm whether your child(ren) will return or withdraw.

- One form per family
- Must be completed using your institutional email

Step 2: Families planning to re-enroll will receive an individualized statement and may choose one of the following payment options:

- 3 payments due by March 15, April 15, and May 15, or
- 1 full payment due by May 15

Deadline: May 15. After this date, enrollment will open to external applicants, and AIS cannot guarantee placement.

If you plan to withdraw, please contact Fátima Guerra at [registrar@antiguais.org](mailto:registrar@antiguais.org) to receive the Official Withdrawal Form.

## SECONDARY SCHOOL - LAUREN STREIFER AND MICHELLE ACKER PEREZ

It has been such a joy to spend time in our English classrooms recently and to see student learning truly come to life at last Friday's Literature Fair. The energy, creativity, and depth of thinking on display were incredible. I especially enjoyed observing our Grade 11 and 12 students as they explored creation myths. Their work was grounded in thoughtful analysis and critical inquiry, pushing them to examine big ideas about identity, culture, and belief. This strong foundation of critical thinking is designed to prepare them for the complexity of their upcoming novel study and to strengthen the analytical skills they will carry forward.

Meanwhile, in Grade 9, students brought Romeo and Juliet to life by reading "in character," stepping into Shakespeare's world with enthusiasm and empathy. Their willingness to take risks and inhabit the perspectives of others not only deepened their understanding of the text but also strengthened their confidence as readers and thinkers.

Moments like these reflect one of our key pillar, Thinking Critically, in action. Across grade levels, our students are not just learning literature; they are learning how to question, analyze, interpret, and engage with ideas in meaningful ways.



## PRIMARY SCHOOL - NATALIA ZMACZYNSKA AND SADIE RHINESMITH

This past week first graders celebrated World Read Aloud Day with some special guests reading their favorite books. It was fun to share the love of learning and enjoy exciting stories with some of our youngest readers. You can still celebrate reading aloud with your own family! Children who read at home every day—even for just 15 minutes—build stronger language, better focus, and more confidence in school. When families read together, children don't just learn how to read... they learn to love reading. Enjoy a book together and read aloud those memorable stories today!



# EARLY CHILDHOOD PROGRAM - LUIS CARRILLO

## LEARNING EXPERIENCES

We are proud to see the increased impact of learning and the connection between daily practices and AIS's three pillars across all levels of the ECP.

Cubs B had a "Car Wash" experience while learning about "Wheels."

Explorers A and B had a Zumba lesson as part of their unit about "Exercise."

PreKB had a memorable "Shadows theater" performance to culminate their study about "Light".

## PARENT-TEACHER CONFERENCES

This week, we will host Parent-Teacher Conferences. We will have regular school days; teachers will meet with parents, and students will be with ECP teachers according to their daily schedules. Please sign up here. Here are the conference dates:

February 16th - Cubs A (Conference Room - Secondary) & Explorers A (Events Room - Library)

February 17th - Cubs B (Conference Room - Secondary) & Explorers B (Events Room - Library)

February 18th - PreKA (Conference Room - Secondary) & Kinder A (Events Room - Library)

February 19th - PreKB (Conference Room - Secondary) & Kinder B (Events Room - Library)



## SERVICE LEARNING - MICHELLE ACKER PEREZ AND SADIE RHINESMITH

### SPECIAL READING BUDDY TIME: ECP AND PRIMARY

This Friday we had a wonderful time seeing a new group of students take on the role of “big kids” and leading us in our traditional Reading Buddy time. This time, primary students led ECP students in discovering the joy of reading through their favorite books and exciting stories from the library. As the sun warmed up the campus, so did the smiles and hugs that were shared between these new reading buddies. We continue to look forward to continuing the Reading Buddy tradition and also providing opportunities to AIS students to connect in different ways.



### FAMILY SERVICE OPPORTUNITY: BEACH CLEAN UP ON AIS BEACH DAY!

We are all excited to catch some waves and relax in the sunshine this coming Friday at the AIS beach day and we hope to see you there not only for some playa fun but also to serve together in a beach clean up! During our beach adventure at Playa 14, we will have bags and gloves available to clean up the beach together. We look forward to seeing you there and serving together!



# ATHLETICS AND EXTRACURRICULAR ACTIVITIES - MARIA ELENA VALENCIA

Our After School program is much more than an extension of the school day; it is a space where our students breathe life into our core pillars: thinking critically in the face of every challenge, acting ethically within every team, and serving others through leadership and collaboration.

We focus on holistic growth, transforming every training session into an opportunity for every child and young person to discover their full potential.

We invite you to witness the effort and dedication of our students. Your presence and support are fundamental in the various activities and encounters where they stand out, proudly demonstrating the skills and talents they have acquired.

We encourage our students to maintain consistent attendance as we look forward to the celebration of our XI AIS Sports Morning 2026 this coming Saturday, March 14th.

¡Join us in celebrating their achievements and strengthening the spirit of our community!



# HEALTH AND WELLNESS - NURSE CAROLINA

## HEALTHY DIET

Fever in children's health

Fever is one of the most common symptoms in childhood and is usually a sign that the body is fighting an infection. According to recommendations from the Centers for Disease Control and Prevention (CDC), it is important to monitor a child's overall condition when they have a fever.

## RECOMMENDATION FOR SENDING YOUR CHILD TO SCHOOL

### PLEASE DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE A FEVER.

According to CDC guidelines:

Children should stay home until they have been fever-free for 24 hours.

This 24-hour period should be without the use of fever-reducing medications (such as acetaminophen or ibuprofen).

This helps prevent the spread of illness and ensures that the student is fully recovered.

## WHEN TO SEEK MEDICAL ATTENTION?

Seek medical evaluation if:

The fever lasts more than 3 days.

Your child is having difficulty breathing.

They are unusually drowsy or irritable.

They refuse to drink fluids or show signs of dehydration.



# STUCO

**FEBRUARY 16TH TO 19TH - SPIRIT WEEK! WATCH FOR THE DAILY THEMES.**

|                                                                                                                                                                                                                    |                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>MONDAY:<br/>PAJAMA DAY</b></p> <p>Why dress up? Roll out of bed and come to school in your pajamas.</p>  <p>FEB 16-19</p> | <p><b>TUESDAY:<br/>WESTERN DAY</b></p> <p>Dress as cowboys, cowgirls, or in western-inspired outfits.</p>  <p><b>WEEK</b></p> |
| <p><b>WEDNESDAY:<br/>CAREER DAY</b></p> <p>Dress as the career you hope to have in the future.</p>                              | <p><b>THURSDAY:<br/>SPORTS/JERSEY DAY</b></p> <p>Wear your favorite jersey or sports t-shirt</p>                              |

## ELEMENTARY AND ECP THEMES: %

Monday – Pajama Day

Tuesday – Cowboy/Western Day

Wednesday – Career Day

Thursday – Sports/Jersey Day: Wear your favorite jersey or sports t-shirt.

Secondary Themes:



Monday – Pajama Day: Come to school in comfy pajamas or cozy “rolling out of bed” attire.

Tuesday – Western Day: Dress as cowboys, cowgirls, or in western-inspired outfits.

Wednesday – Career Day: Dress as the career you hope to have in the future.

Thursday – Mini You Day: Recreate an outfit from when you were younger.

## FEBRUARY 16TH AND 17TH - CASCARONES AND CARNIVAL

Students may bring Q15 to purchase a bag of 10 cascarones. Elementary students may purchase cascarones on Monday, February 16 in their classroom. Secondary students may purchase cascarones on Tuesday, February 17, before school.

