

October 3rd, 2026

WEEKLY BULLETIN



AIS

15

YEARS

General Director

Nash Adamson

We present a special literary celebration of Children's Day with our faculty and staff sharing their favorite books from way back when.

Mr. Nash

My favorite book when I was a kid was *The Giver* by Lois Lowry. It introduced me to philosophical questions that I still consider today about how we know what we know, what is right and what is wrong, and especially how communities should raise their children. I am so fond of this book that my son Jonas is named after the main character.



Ms. Angélica

I love sharing this book, *El Misterioso Caso de las Gallinas Desaparecidas*, with children because, through its adventure, it opens the door to conversations about perseverance, responsibility, critical thinking, and the importance of not judging solely by appearances. It is an engaging read that shows how solving a problem requires curiosity, patience, and careful attention to detail.



Ms. Ruth

When I was a child, my favorite book was *Little Women*. Even though I don't have any sisters, the story made me feel like I was part of their world and allowed me to connect with each of them in a different way. It taught me about strength, independence, and the importance of staying true to who you are.

AI5

YEARS

Ms. Jacqui

"Barbuchín taught me that learning can also become a beautiful memory—that every word, every story, and every page can stay with us for a lifetime."



Ms. Laura

As a child (and still today!) I loved the poems from Shel Silverstein's "Where The Sidewalk Ends" bc they were lyrical and imaginative. I can still recite "Sick" and "Sarah Cynthia Silvia Stout Would Not Take the Garbage Out" by memory!

Mr. Ricardo

I chose The Chronicles of Narnia because it helped me explore and develop my imagination when I was young. As a child, I was also drawn to stories of heroism, discovering our purpose in life, and the idea that everything happens for a reason.



Monthly Calendar and Upcoming Events

General Upcoming Events:

October 9th: End of Quarter 1
Fall Fest!

October 19th and 20th
Revolution Day – No School

October 23rd
PTO Fiambre Activity

October 26th-30th Spirit Week (Monday: Pajamas, Tuesday: Jersey/Sports, Wednesday: No School for Conferences, Thursday: Career Day, Friday: Book Character Day).

October 28th Parent Conferences (No classes for students)

Calendars:

For monthly calendars please see [HERE](#)

Please find the 2026-27 School Year at a Glance calendar [HERE](#)

For a detailed version of this school year's events, click [HERE](#)

Please find the October cafeteria menu [HERE](#)

If you would like to add the AIS Events Calendar to your personal calendar, please see [HERE](#)

If you would like information on how to join the AIS Whatsapp Channel please see [HERE](#).



Administrative Director

Mónica de Dios

AIS Practices Full-School Evacuation Procedures

As part of our ongoing commitment to campus safety and emergency preparedness, our entire student body, faculty, and staff recently participated in Phase 2 of our school evacuation drill.

During Phase 1, students and staff practiced safely exiting classrooms and other campus spaces and reporting to their designated evacuation points before returning to regular activities. Phase 2 took our preparedness one step further, with the entire school practicing movement from the initial evacuation areas to a secondary location, simulating the procedures that would be followed if a full evacuation of the AIS campus became necessary.

At the same time, our Emergency Brigade conducted additional exercises in first aid, triage, and the safe mobilization of simulated “injured” individuals. These exercises help our team practice coordinating an effective response during a more complex emergency.

We would especially like to thank our 20 staff members who serve as AIS Emergency Brigadiers. They have continued their training in first aid and emergency procedures and play an important role in helping keep our school community prepared and safe.

Preparedness is a shared responsibility, and each drill helps our students and staff become more confident in knowing what to do in an emergency.



New SchoolAID Application – Account Statements and Payment

As part of our commitment to continuous improvement and providing better service to our families, AIS continues to review and strengthen its administrative processes. We are pleased to introduce a more convenient way for families to access their financial information and manage their payments.

Starting now, you will be able to view and access your account statements directly through the SchoolAID application, making it easier and more convenient to access your family's account information.

To get started:

1. Download the SchoolAID application from the Google Play Store (Android) or App Store (Apple).
2. Log in using the login credentials that you will receive shortly by email. Once you have logged in, you will be able to access your account statements and make credit card payments directly through the application.
3. Families may also continue making bank transfers as usual. If you choose this option, please send your payment receipt to **conta3@antiguais.org**.

To make this transition as easy as possible, we have prepared short instructional videos explaining how to install, access, and use the application:

Spanish: [Instructional Video in Spanish](#)

English: [Instructional Video in English](#)

This is one of several improvements we are implementing to simplify processes, improve access to information, and make interactions with the school more efficient for our families. As we continue improving our systems, your experience and feedback are important to us.

Secondary School

Lauren Streifer and Michelle Acker Perez

Huge congratulations to our Varsity and JV basketball teams on a great showing at the Southwest Student League Tournament! We're so proud of how hard they've competed, and even more excited to see AIS moving on to the next round!



Primary School

Natalia Zmaczynska and Sadie Rhinesmith

Breakfast with Principals Celebration!

We loved sharing breakfast with our students this month! Around the table, we saw so many smiles and heard so many stories about students bravely trying out their additional languages, building kindness between friends, upholding their classroom routines, showing the responsibility and care that help our learning spaces run so smoothly. Congratulations to Philip Julius Gutzwiller, Lucas Leonardo, Mila Manson, Izabella Ramos, Elena Bruderer Villacorta, Ian José Sebastian Quiroa Pérez, Mía Isabella Killian Franco, Sophia Valentina Ramírez Chávez, Amaya Victoria Kuhn, Juan Orlando Meneses Rodriguez, Mathias Julian Pérez Hernández, Matteo José Salazar, Mónica Adriana Argueta de León, Hazel Guisela Monterrosa Maldonado, Martha Isabel Jarquin Leiva, Samantha Irene Ugalde Palacios, Thomas Jack Adamson, Zoe Isabella Stanton Wessels, Arhiana Sofía Morales Guerra and Oliver James Hartell!



Early Childhood Program

Luis Carrillo

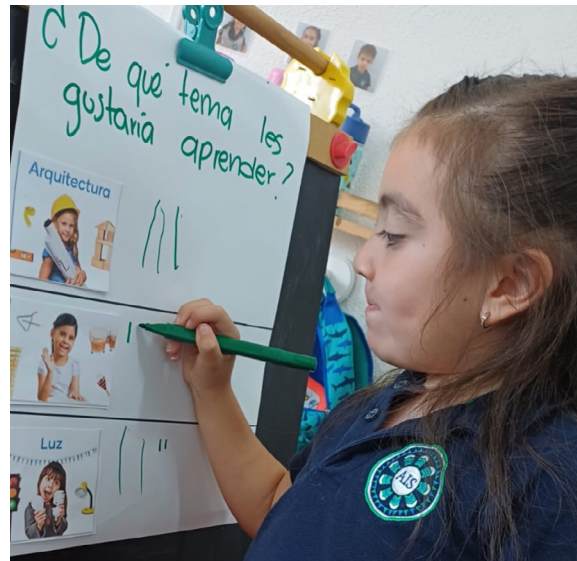
Ensuring that AIS increasingly becomes a place where all students can reach their full potential requires creating spaces where students' voices and choices are heard. Cubs, Explorers, and PreK students explored their upcoming Creative Curriculum unit. With parents' support, teachers placed different artifacts for students to explore. In the end, they voted for one of the topics.

The Cubs unit will be "Rocks."

The Explorers unit will be "Trees."

The PreKA unit will be "Light."

The PreKB unit will be "Percussion Instruments."



Service Learning

Michelle Acker Perez and Sadie Rhinesmith

Two of our 10th grade students, Josselyne Pérez Rafael and Estefania Lim Lopez, together have served more than 300 hours at EduCab, a small school in Ciudad Vieja that provides preschool through high school education. Our students have been supporting younger students with English lessons, activities, doing science experiments, and even helping to create videos to highlight the school and its students.

Jossey shared that her time at EduCab became much more than service hours: "This school was the best part of my vacation." Through her experience she learned that she is capable of trying new things and that there are always people willing to support and help when something is challenging.

We love seeing our students not only serve their communities, but also learn, grow, and build meaningful relationships along the way!



Athletics and Extracurricular Activities

Maria Elena Valencia

Competitive Athletic Teams: Junior Varsity (JV) & Varsity

AIS Athletic Pride: Basketball & Soccer!

We congratulate our basketball teams for their admirable dedication, skill, and fair play on the court—qualities that have been widely praised by spectators and opponents alike. Thank you for proudly representing AIS!

Here is the upcoming athletic schedule:

- Semifinals & Finals – Southwest Student League (Varsity Basketball):

October 5–10 (Guatemala City). We invite you to join us and cheer on our team from the stands!

- AIS Basketball Cup:

October 26 – November 7. Save the dates to celebrate our signature school tournament!

- Tryouts – Varsity & Junior Varsity Soccer (Boys & Girls):

October 14–21. Stay tuned for tryout announcements and details on how to join our teams.

Water Safety and Wellness for the Whole Family

Equipping our children with water safety skills from an early age is the best investment in their protection. The AIS Swim Club promotes motor skills and water survival development for students aged 3 to 18, while also opening its doors to interested parents. Join us in helping our children grow safe and confident in and out of the water! [Click here for details.](#)

Wellness & Health Activities

“AIS Legends Cup: Celebrating 15 Years in Community” (3:00 PM – 4:00 PM)

Parent Athletic Gatherings!

At Antigua International School, we firmly believe that health and overall well-being are built together as a community. To celebrate our 15th anniversary, we invite all parents to stay active and participate in our upcoming sports sessions designed especially for you:

- Wednesday, September 14: Basketball & Volleyball Games
- Wednesday, September 21: Soccer Game
- Time: 3:00 PM – 4:00 PM
- Location: AIS Campus

All parents across our community are cordially invited to participate, stay active, and connect with one another. We look forward to seeing you there!



CLUB 14

Swimming Classes

at Club 14
by Club 14

For our little swimmers!
Build confidence, skills and a love for the water!

Ages:
3 to 5 years
(Preschool)

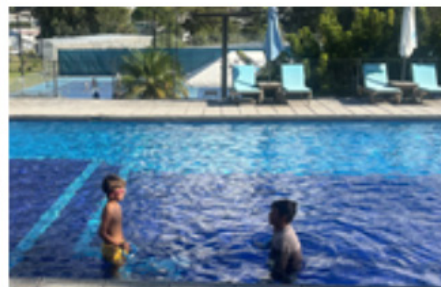
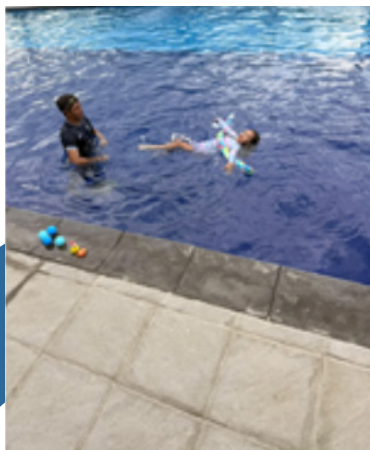
Days:
Mondays & Wednesdays

Time:
3:30 p.m. – 4:30 p.m.

Price:
Q'500
for 8 classes
per month

For more information
and reservations, please contact me:

48 07 48 67



Weekly Athletic Activities Schedule

OCTOBER 5 - 10

MONDAY OCTOBER 5



Dance
(1st-4th Grade)
Final Show Rehearsals
("100% Rhythm") -
Phase 2



Table Tennis
(3rd-4th Grade
Boys & Girls)
Forehand and Backhand
Serve Accuracy Testing



Artistic Gymnastics
(1st-2nd Grade)
Final Show Rehearsals
("100% Action") -
Phase 1



Outdoor Explorers
(1st-2nd Grade)
"Adventure Island"
Activity

TUESDAY OCTOBER 6



Soccer
(U15 Girls)
Three-Color Game and
Three-Touch Drill



Dance
(5th-6th Grade)
Final Show Rehearsals
("100% Rhythm") -
Phase 2



Table Tennis
(7th-8th Grade Boys)
Team Play



Artistic Gymnastics
(3rd-4th Grade)
Final Show Rehearsals
("100% Action") -
Phase 1

WEDNESDAY OCTOBER 7

2:00 PM - 3:00 PM



**Masterminds /
Logic Club (Boys & Girls)**
Logic Challenge - Solving
reasoning puzzles using
sequences, shapes,
numbers, and riddles



Dance (3rd-4th Grade)
Final Show Rehearsals
("100% Rhythm") -
Phase 2



Table Tennis
(7th-10th & 12th Grade
Boys & Girls)
Team Play



Track & Field
(6th-10th Grade
Boys & Girls)
Time Trials



Artistic Gymnastics
(1st-2nd Grade)
Final Show Rehearsals
("100% Action") -
Phase 1



Outdoor Explorers
(1st-2nd Grade)
"Explorers in Motion"
Activity

WEDNESDAY OCTOBER 7

3:00 PM - 4:00 PM



Dance (1st, 2nd, 5th &
6th Grade)
Final Show Rehearsals
("100% Rhythm") -
Phase 2



Table Tennis
(5th-6th Grade
Boys & Girls)
Introduction to Forehand
Sidespin Serves



Outdoor Explorers
(3rd-4th Grade)
"Treasure Transport"
Activity

THURSDAY OCTOBER 8

3:00 PM - 4:00 PM



Soccer (9th-12th Grade
Boys)
Defensive-to-Offensive
Transitions (1v1, 2v1, 2v2,
3v2, and 3v3 Drills)



Table Tennis
(5th-6th Grade Boys & Girls)
Introduction to Forehand
and Backhand Chopping



Artistic Gymnastics
(3rd-4th Grade)
Final Show Rehearsals
("100% Action") - Phase 1

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YEARS

Health and Wellness

Nurse Carolina

During the school year, various viruses can circulate and cause colds, flu, or stomach illnesses.

To keep our students and staff healthy, let's remember to follow these simple measures recommended by the CDC.

Wash hands frequently with soap and water.

Cover coughs and sneezes with your elbow or a tissue.

Keep spaces well-ventilated and clean.

Get vaccinated according to medical recommendations.

Stay home if you have symptoms such as fever, cough, vomiting, or diarrhea.

If your child has symptoms such as nasal congestion, fever, or cough, please do not send them to school until they are feeling better.

Support Program

Mindfulness

By. Mr. Ricardo

Compassion is the feeling that moves us to help when we see someone suffering. Self-compassion is offering ourselves that same kindness, especially in difficult moments. Children are naturally capable of compassion, and research such as the Young Finns study shows that affectionate parenting helps them grow into more compassionate adults. When parents model self-compassion, children benefit too.

Simple ways to build compassion at home:

Remind children that their actions can make a difference.

Look for what we have in common with others.

Encourage cooperation rather than competition.

Treat ourselves with the same kindness we offer others.

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Try This at Home

Loving-Kindness Meditation: Sit or lie comfortably and take a few slow breaths. Picture someone who loves you and receive their good wishes as you breathe in. Then picture a friend or family member and send them wishes for happiness and calm as you breathe out.

Calendar of Pleasant Events: Help your child list small activities they enjoy, such as reading, drawing, or cooking together. Schedule one or two each month on the family calendar and celebrate when they are completed.

Small, everyday moments of kindness can teach our children to care for others and for themselves.

Source: Adapted from the Greater Good Science Center, UC Berkeley.

PTO

FALL FEST 2026: HARVEST UNDER THE STARS

One of our favorite nights of the year is almost here!

Friday, October 9

5:30 PM – 9:30 PM

Presale tickets are NOW available at Reception!

Presale: Q25

At the door: Q35

Bingo, games, food, and a fun night to enjoy together as the AIS community. Buy your tickets at reception now, and we'll see you at Fall Fest!

AIS

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YEARS



ANTIGUA INTERNATIONAL SCHOOL
COMMUNITY • PURPOSE • BELONGING

FALL FEST

*Harvest Under
the Stars*

GAMES • FOOD • FAMILY • COMMUNITY

SAVE THE DATE
OCTOBER 9

PRESENTED BY



AIS

15

YEARS

STUCO

On the last week of October there will be a spirit week 26-30 Monday is pajama day, Tuesday is sports day wear your favorite jersey, Thursday Career day dress up as what you want to be in the future Friday is Book Character Day dress up as your favorite book character. Save the date for movie night. We will share more information next week. Stay tuned.



A vertical poster for Spirit Week. At the top, the words "SPIRIT WEEK" are written in large, bold, purple letters with a white outline, set against a yellow rounded rectangle. Below this, "OCTOBER 26-30" is written in white. The poster is decorated with a string of colorful triangular bunting flags. The main body of the poster is a dark purple rectangle with a yellow dotted border. It contains five horizontal bars, each representing a day of the week. Each bar has a yellow arrow pointing right, containing the day and date. To the right of the arrow is an illustration related to the theme. The text for the theme and a brief instruction follows.

Day	Date	Theme	Instruction
Monday	Oct 26	Pajama Day	Come with your most comfortable pjs!
Tuesday	Oct 27	Jersey/Sports Day	Bring your favorite team jersey or your sport outfit
Wednesday	Oct 28	No Classes!	Parents Teachers Conferences
Thursday	Oct 29	Career Day	Come dressed in what you wanna be when you grow up!
Friday	Oct 30	Book Character Day	Come dressed as your favorite book character!