

October 18th, 2026

WEEKLY BULLETIN



AIS

15

Y E A R S

General Director

Nash Adamson

Fall Fest was fabulous! Our phenomenal PTO put so much heart and hard work into bringing the AIS community together for an evening of fun and connection. It was a wonderful reminder of how much joy comes from making time to celebrate as a community. Thank you to everyone who helped make it such a success!



AIS

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Monthly Calendar and Upcoming Events

General Upcoming Events:

October 19th and 20th

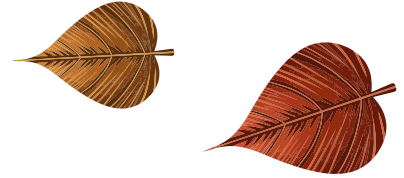
Revolution Day – No School

October 23rd

PTO Fiambre Activity

October 26th-30th Spirit Week (Monday: Pajamas, Tuesday: Jersey/Sports, Wednesday: No School for Conferences, Thursday: Career Day, Friday: Book Character Day).

October 28th Parent Conferences (No classes for students)



Calendars:

For monthly calendars please see [HERE](#)

Please find the 2026-27 School Year at a Glance calendar [HERE](#)

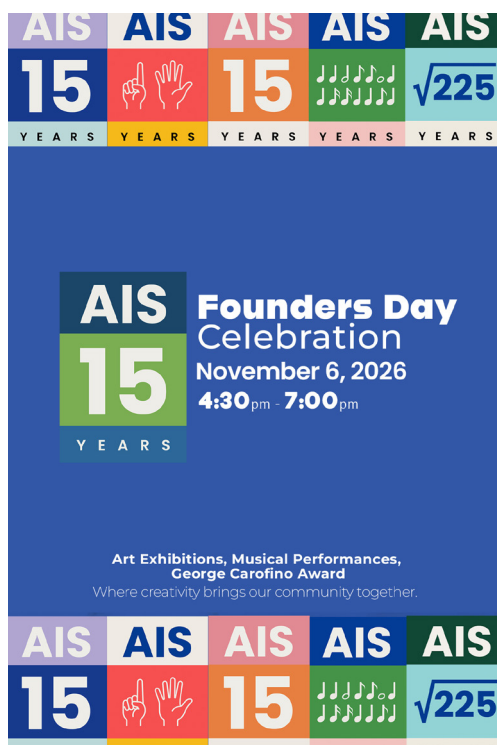
For a detailed version of this school year's events, click [HERE](#)

Please find the October cafeteria menu [HERE](#)

If you would like to add the AIS Events Calendar to your personal calendar, please see [HERE](#)

[If you would like information on how to join the AIS Whatsapp Channel please see \[HERE\]\(#\).](#)





AIS 15th Anniversary Celebration

AGENDA

Events will take place from Wednesday Nov 4th to Saturday Nov 7th at noon.

Fifteen years of learning to think critically, act ethically, and serve others. Join our students, families, alumni, faculty, and friends for a weekend of celebration.

The Weekend at a Glance

WEDNESDAY

Pacaya Volcano Leadership Summit: A hike with seniors, alumni, and AIS friends. **7:00AM WITH ANDREA CARDONA**

THURSDAY

Beer and Snacks: Craft beer and bites. A space to gather and connect. **5:00PM, CERVECERIA 14**

FRIDAY

Arts Night: A special anniversary edition of student performances and art exhibitions. **4:30PM**

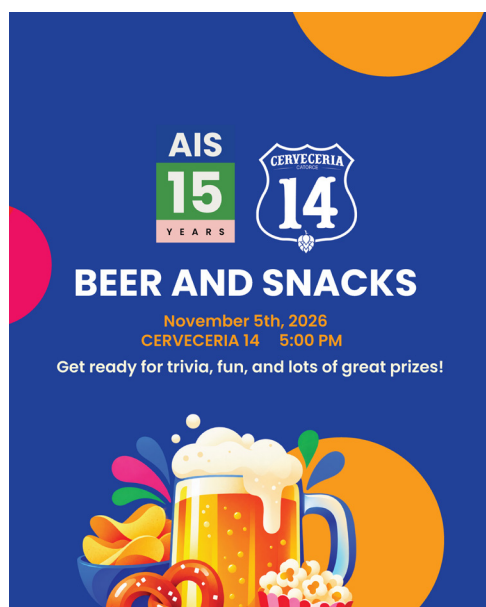
SATURDAY

AIS Legacy Cup: A friendly soccer tournament bringing together students, alumni, parents, and staff. **8:00AM, AIS CAMPUS**

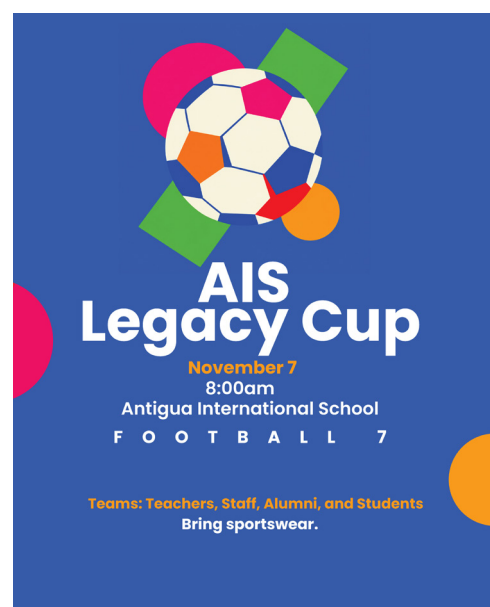
We hope you will join us!



[HERE](#)

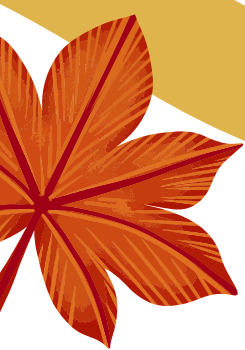


[HERE](#)



[HERE](#)

[*Registration Form*](#)



Secondary School

Lauren Streifer and Michelle Acker Perez

The Class of 2027 marked another senior year milestone this week with their Proyectos de Vida presentations on Monday. It was lovely to hear our seniors reflect on their personal values and share their goals for the future — a true testament to their growth. Huge thanks to Mr. Edgar for guiding them through this meaningful experience.



Important Announcement: Stay tuned for Q1 report cards and conference sign-ups. We will be sharing these with you next week.

Primary School

Natalia Zmaczynska and Sadie Rhinesmith

End of Quarter Celebrations

The first quarter has been completed and it was an achievement to celebrate! From publishing parties to showcase the amazing work to hands-on activities such as making cheese, students enjoyed seeing their hard work take flight. We look forward to seeing all the amazing things that will happen in the rest of this first semester!



Parent Teacher Conferences

On October 28th, parents and teachers will join together in conferences to hear about student progress and goals from the next quarter. Please make sure to save the date and see [the schedule of meetings](#) for that day. If you have further questions or comments, feel free to reach out to your child's teacher, Miss Natalia or Ms. Sadie!

Early Childhood Program

Luis Carrillo

Celebrating the incredible energy and innovation in our Creativity Lab!

Our students have been diving deep into hands-on discussions and explorations, actively building their mindsets as natural makers and resilient problem solvers. Through these engaging, inquiry-based activities, they are putting two of our core school pillars into practice every day: learning to think critically as they design solutions, and acting ethically as they collaborate and consider the impact of their work.

A huge thank you to our amazing Creativity Lab teachers, Ms. Yansi and Ms. Paola, for guiding and inspiring our young innovators. They are currently hard at work preparing exciting upcoming units where students will explore various maker space tools and dive into the fundamentals of architecture.

We invite you to stop by the Creativity Lab during Parent-Teacher conferences to see your child's work. We can't wait to see the incredible ideas, designs, and structures our students will build next!



Service Learning

Michelle Acker Perez and Sadie Rhinesmith

Our 7th graders are continuing their study of accessibility through real-world experiences in the community. They visited Transiciones, a workshop that builds wheelchairs, to see how thoughtful design supports independence and dignity. Students will also complete an accessibility investigation near the main park in Antigua, documenting how easy it is to move through sidewalks, curbs, and entrances. These experiences help them build empathy and think about how our community can be more welcoming for everyone.



Athletics and Extracurricular Activities

Maria Elena Valencia

Athletics: Boys & Girls Varsity and Junior Varsity (JV) Teams

Let's give a huge round of applause to our Junior Varsity and Varsity basketball student-athletes for completing an incredible season in the Liga Estudiantil de Baloncesto SurOccidente Ciudad Capital de Guatemala!

Thank you for your hard work, dedication, and the heart you left on the court. We are so proud of your sportsmanship and everything you achieved representing AIS. Well deserved!

3rd Annual AIS Coed Basketball Cup (U14 & U17)

Dates: October 21 – November 5

Soccer Tryouts Update

Congratulations to all students who participated in our JV and Varsity soccer tryouts! Thank you for showing such great dedication and hard work during each session.

Welcome to the team!

Official practices will begin on Monday, November 9th, and will take place Mondays, Tuesdays, and Thursdays from 4:00 PM to 5:30 PM.

Sports Uniforms: If you need to purchase uniforms for AIS varsity and junior varsity athletic teams, please stop by the Main Office. Orders are taken Monday through Wednesday from 8:00 AM to 3:30 PM. Uniforms are delivered two weeks after purchase.

Health & Wellness Activities

"AIS Legends Cup: Celebrating 15 Years of Community"

Wednesday, October 21: Soccer Match

Time: 3:00 PM – 4:00 PM

Location: AIS Campus

All parents are invited to join, get moving, and enjoy a great time together. We look forward to seeing you on the field!

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SPORTS & EXTRACURRICULAR ACTIVITIES

WEEK OF OCTOBER 19-23

WEDNESDAY, OCTOBER 21

2:00 PM – 3:00 PM	3:00 PM – 4:00 PM
 VOLLEYBALL Girls' U15 Sacatepéquez Volleyball Association	 VOLLEYBALL Girls' U18 Sacatepéquez Volleyball Association
 DANCE 3rd – 4th Grade Final Show Rehearsals ("100% Rhythm") – Choreography Memory Practice	 DANCE 1st, 2nd, 5th & 6th Grade Final Show Rehearsals ("100% Rhythm") – Choreography Memory Practice
 ARTISTIC GYMNASTICS 1st – 2nd Grade Final Show Rehearsals ("100% in Action") – Learning My Moves	 CHESS U-12, U-14 Types of Checkmates
 BRIGHT MINDS (MENTES BRILLANTES) 1st – 4th Grade Creating Paper Quilling Figures	 SOCCER Coed "AIS Legends Cup" Community Celebration
 CHESS U-8, U-10, U-12 Types of Checkmates	

THURSDAY, OCTOBER 22

 VOLLEYBALL Boys' U18 Sacatepéquez Volleyball Association
 ARTISTIC GYMNASTICS 3rd – 4th Grade Final Show Rehearsals ("100% in Action") – Learning My Moves
 CROSSFIT 9th – 12th Grade (Boys & Girls / Coed) "Hybrid Race"
 BASKETBALL 3:00 PM U14 Coed AIS vs. Academia San Bartolomé M.A. 3rd Annual AIS Basketball Cup
 BASKETBALL 4:00 PM U17 Coed AIS vs. Academia San Bartolomé M.A. 3rd Annual AIS Basketball Cup

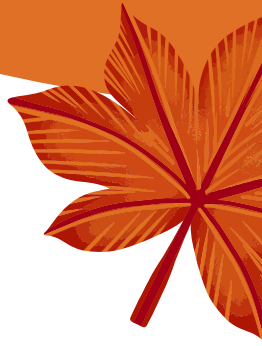
FRIDAY, OCTOBER 23



12:30 PM
2nd Annual
"Between Towers and Keys"
(Entre Torres y Teclas)

Health and Wellness

Nurse Carolina



Global Handwashing Day

October 15

Handwashing is a simple action that can save lives. Every October 15, we celebrate Global Handwashing Day, a time to remember the importance of this habit for the health of our families and communities.

Washing hands with soap and water is one of the most effective ways to prevent the spread of germs and diseases.

Proper handwashing can reduce diarrheal illness by 23% to 40% and respiratory illnesses (such as colds) by 16% to 21%.

According to the CDC (Centers for Disease Control and Prevention), it is very important to wash your hands:

Before preparing food and before eating.

After using the bathroom or changing diapers.

After coughing, sneezing, or blowing your nose.

After touching pets or dirty surfaces.

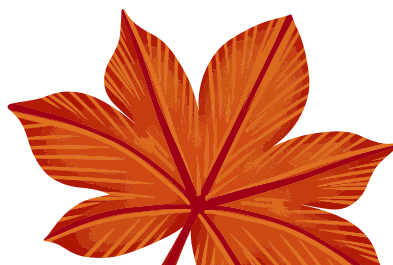
When returning home after being in public places.



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Support Program

First things first: Purposeful parenting or the purpose of parenting? *By Ms. Eli*

This week, 12th-grade students presented their life plans. Listening to them was inspiring. Fernanda Rodríguez concluded with three key points: a life plan is personal, realistic, and flexible. This aligns closely with the insights shared by the Greater Good Science Center (GGSC) in their chapter on “Purpose” for parents.

Purpose is that spark that drives us to work toward goals, persevere through difficult times, and find satisfaction in both small and significant achievements. Yet, as Fernanda and the GGSC noted, it must be flexible enough to allow us to re-evaluate and renew our lives. A life purpose is not a destination, but rather a journey and a practice.

What does parenting have to do with all this? Research suggests that children with secure attachments have a better chance of developing a sense of purpose. In turn, adolescence offers them the opportunity to explore who they are, what they value, and what they want to become. Researcher William Damon points out that childhood and adolescence are crucial times for sowing the seeds of purpose hence the importance of parenting.

Furthermore, children and adolescents with a strong sense of purpose tend to be more resilient and optimistic during crises, a vital quality for the world we live in! So, how do we foster this in our children? As they take on greater commitments and use their talents to make a positive impact on others, they begin to develop a sense of purpose.

Parenting can also provide parents themselves with a sense of purpose, motivating them to take better care of their own well-being. While this sounds encouraging, it can also feel like a burden. However, research suggests that simply reflecting on the subject is beneficial in itself.

So, as you read this, brew a cup of coffee or tea, grab a pen and paper, and take a few minutes to reflect.

The vision: What long-term goals and aspirations do you have for your family?

What we value: Think of a recent positive experience with your children. What values do you see in it? For example: We went to the park and had a great time. I value the fun and connection we share.

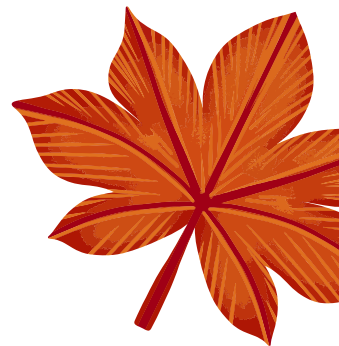
What I bring: What are two or three character strengths you bring to parenting?

What I want to develop: What two or three skills would you like to develop as a parent?

The impact I want to have: What impact do you want to have on your family's life through your role as a parent or caregiver?

Purposeful parenting can provide motivation for you and your family. First things first! This reflection can serve as your compass when facing the important decisions that parenting requires.

PTO



HALLOWEEN TRIVIA NIGHT!

Think you've got what it takes to be the ultimate trivia champion? Gather your smartest (or funniest!) friends and join the AIS PTO for a spooktacular evening of trivia, laughter, and friendly competition!

Sunday, October 25

6:00 PM

Caoba Event Space

Q25 per person

Teams of 4

Put your knowledge to the test, enjoy a fun night with our AIS community, and support our PTO!

Come for the trivia, stay for the fun! Costumes and Halloween spirit are welcome!

We can't wait to see you there!